WINTER CATALOG

January 5th - February 15th

Registration Opens: December 15th



GREETINGS FROM

THE DIRECTOR

As the winter season arrives in Newtown, I'm excited to welcome you to another season at the **Newtown Community Center (NCC)**. Winter is a time for cozy connections, reflection, and new experiences, and we are proud to offer a wide variety of programs and events that foster wellness, learning, and community spirit for all ages!

This season's program guide is full of opportunities to stay active, try something new, and enjoy quality time with family and friends. From youth enrichment classes and after-school programs to fitness offerings and community events like our Valentine's Day celebrations, family activities, and winter-themed programs, there's something for everyone to enjoy.

We also want to extend our deepest gratitude to everyone who participated in and supported this year's Sip 'n Shop. Thanks to your enthusiasm, raffle ticket purchases, and support of local artisans and vendors, the event was a tremendous success. Your contributions help us continue to provide scholarships, facility improvements, and free community programming, ensuring that the Newtown Community Center remains a welcoming space for everyone in our community.

Our facility continues to be a cornerstone of community life in Newtown, and we're always looking for ways to enhance your experience. Whether you're visiting our indoor pools, taking part in water aerobics or swim lessons, joining a group fitness class, celebrating a birthday in one of our party rooms, or simply enjoying a coffee from The Better Day Café in our welcoming lobby, we hope you always feel at home here.

We're also excited about upcoming improvements at the Center! Thanks to voter support, a new dehumidification unit is being installed in our pool area this winter. And with funding from the State of Connecticut's Small Town Economic Assistance Program (STEAP) and our Community Center Special Revenue Fund, Newtown's first outdoor splash pad is on track to open in the summer of 2026!

Behind every program is a dedicated team committed to providing meaningful, inclusive, and safe experiences. Your participation and feedback help us grow and improve, and we are so grateful for your continued support.

Take a moment to explore everything happening this winter and come make lasting memories with us. We can't wait to see you around the Center!

Matt Ariniello

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Matt Ariniello

Director

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16 Classes

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Tai Chi/Qi Gong

Morning Yoga

Interval Workout

Barre Above®

Yoga

Mat Pilates

Dance Fusion

Sculpt & Strength

Yoga Flow

Yogalates

Deep Stretch

Gentle/Happy Hour Yoga

Zumba

Total Body Blast

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Parent & Tot 2

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Pre-School Level 3

School Age Level 1

School Age Level 2

20 Lessons

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School Age Level 5

Ir Stroke & Turn

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Aquacize I

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Lap Pool

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Winter Solstice Yoga
Indoor Market
Line Dancing
Indoor Market
Family Noodle & Wibit Slide
Valentine's for Vets & Troops
Indoor Market
Sweetheart Ball
Valentine's Yoga for Couples
Galentine's Day Painting
Line Dancing
Indoor Market

Dec. 20 @10:30 am Jan. 6 @2:00 pm Jan. 9 @6:30 pm Jan. 20 @2:00 pm Jan. 23 @5:30 pm Feb. 1 @1:00 pm Feb. 3 @2:00 pm Feb. 6 @6:30 pm Feb. 12 @6:30 pm Feb. 13 @6:30 pm Feb. 13 @6:30 pm Feb. 17 @2:00 pm

Refuel & Recharge

Start your day off right at the **Better Day Café**, located inside the Newtown Community Center! Operated in partnership with *Newtown Public Schools*, this café is part of the *Newtown Transitions Program*, providing students with disabilities real-world work experience as they prepare for life after high school. The café offers a welcoming space to enjoy coffee, light breakfast items, and great conversation. Stop by to relax, meet a friend, or refuel after a workout, all while supporting an important community initiative.

DAY	TIME
Monday	9:00 am - 2:30 pm
Wednesday	9:00 am - 2:30 pm
Friday	9:00 am - 1:30 pm



ABOUT US

The Newtown Community Center is a vibrant, multi-generational hub that enhances our community by fostering connection, promoting health and wellness, encouraging creativity, and supporting personal growth for all ages.



Family & Youth

Families will find a welcoming space filled with activities and amenities designed to bring everyone together. Enjoy two indoor pools: a 6-lane lap pool ideal for swim lessons and water aerobics, and a warm-water, zero-entry family pool complete with a playful spray bay; perfect for infants, toddlers, and young swimmers. Make use of our family locker room and spacious multipurpose rooms, available to rent for birthday parties, celebrations, and special occasions.



Teens & Tweens

The Center offers teens and tweens a safe, social environment to relax, get creative, and have fun. Join an after-school art or wellness program, organize a pizza and movie night, host a DJ dance party, or take a dip in the pool. Whether you're looking to hang with friends or explore a new hobby, we have the space to bring your ideas to life.



Individuals

Whether you're looking to stay active, meet new people, or celebrate life's milestones, the Newtown Community Center has something for you. Swim in our lap or activity pool, join in on social events and programs, or host a gathering in our beautiful banquet spaces. Check out our Calendar of Events; there's always something happening to help you connect, unwind, and thrive.



Seniors

Our programs for seniors complement those of our neighbors at the Newtown Senior Center. From gentle water aerobics in our zero-entry pool to lively evening socials and multigenerational events, we're proud to provide seniors with opportunities to stay active, engaged, and connected.

MEMBERSHIP

Becoming a member means more than just access to our facility; it's your all-access pass to connection, wellness, and community. Whether you're looking to swim, join a fitness class, attend events, or enjoy quality time with your family, your membership opens the door to it all.

Membership Benefits

- Unlimited access to our 6-lane lap pool, warm-water recreational pool, and spray bay
- Health & wellness programs, including water aerobics
- Access to member-only events
- Discounts on programs and birthday parties
- Four (4) free guest passes per year
- Family time activities for all ages

Membership Pricing

Membership Type	Monthly Rate (Resident)	Monthly Rate (Non-Resident)
Youth/Teen (Ages 0-18)	\$18	\$25
Adult	\$31	\$40
Single Parent (1 adult + children in the same household)	\$34	\$42
Family (2 adults + children in the same household)	\$41	\$49
Senior (Ages 60+)	\$18	\$28
Senior Couple (2 seniors in the same household)	\$32	\$41

BECOME A MEMBER ▶

Joiners Fee (One-Time)

Residents: \$0

Non-Residents: \$50*

Proof of residency is required at registration.

*The Joiners Fee is waived if a non-resident rejoins within 6 months of canceling. For non-resident members who joined before November 1, 2019, the fee will be applied if membership is discontinued.

Day Passes

Residents: \$8 Non-Residents: \$10

HANDBOOK

Membership Cards & Photo IDs

Membership cards and photo IDs are essential tools for maintaining the safety and integrity of NCC

- A photo will be taken upon joining
- Cards are issued to all members
- Cards are non-transferable and may not be loaned to others; doing so may result in termination of membership
- All guests must complete a liability waiver before accessing the facility

Membership for All

The Newtown Community Center is committed to accessibility for all. We do not turn anyone away due to an inability to pay. Membership and program rates may be adjusted based on household income and demonstrated need. Applicants must provide income verification and a letter of need. Assistance applications are available at the Front Desk or can be downloaded from our website.

Locker Rooms

We offer the following locker room options for member convenience

• Men's and Women's Locker Rooms:

Ages 12 and older, unless accompanied by an adult parent/guardian

• Family Locker Room:

For adult parent(s)/guardian(s) with children (under 12 years old) or dependent adults



POLICIES

Open Door Policy

The Newtown Community Center is open to all residents. Community gathering spaces such as the café and social areas are accessible to the public. Our meeting room is available to nonprofits and local organizations. Please contact the *Welcome Desk* or our *Event & Marketing Coordinator* for reservation details.

Cell Phone Policy

Cell phone use is strictly prohibited in the locker rooms and pool areas to protect the privacy and safety of all visitors.

Guest Pass Policy

To promote membership, the Community Center allows members to bring up to four (4) guests per year at no additional cost.

- All guests must be accompanied by a current member and present valid photo ID
- Each guest must check in at the Welcome Desk
- Members are responsible for the conduct of their guests
- After using the allotted four passes, additional guests may be brought for a fee of \$5.00 per person

Day Pass Policy

Day passes are available for non-members who wish to use the facility.

- Proper identification is required
- Payment and completion of a waiver are required prior to using the facility

Fees & Payment

Accepted forms of payment: Visa, MasterCard, Discover, American Express, cash, and check.

- Members must notify the Community Center of any changes to their payment method, including credit card expiration dates
- Valid payment method must be on file for all memberships
- Monthly charges will continue until the member submits written cancellation
- If a payment is declined, members will be notified by mail and email
- Declined payments are subject to a \$15.00 service charge, in addition to any fees imposed by the bank or credit card company

Membership Termination

To cancel a membership, members must complete a cancellation form. This form is available both online on our website and in person at the Welcome Desk.

- A 30-day written notice is required
- If your billing cycle falls within the 30-day notice period, you will be charged for one final month

Lifeguard and Aquatic Policies

All lifeguards are certified by the American Red Cross and follow all local health guidelines. They are trained to prevent and respond to aquatic emergencies.

- Children under age 13 must be supervised by a parent or guardian at all times unless enrolled in a supervised program
- The Community Center is not responsible for lost or stolen items
- Athletic shoes worn outside are not permitted in wellness areas or on the pool deck
- Swimsuits are required in the pools; street clothes are not allowed
- Children under age 2 must wear reusable swim pants/diapers
- A towel must be worn at all times in the locker room

Note: For complete Pool, Lap Swim, and Spray Bay rules, refer to the signage on the pool deck.

Lap Swimming Etiquette Guidelines

Swimmers are encouraged to contribute to an atmosphere of cooperation and courtesy. To ensure a safe and enjoyable environment for all:

- Enter the pool from the shallow end
- A family may reserve a lane for family swim
- Inform other swimmers in your lane when you are entering the water
- Do not stand at the ends of the pool for an extended period of time
- Avoid stopping in the middle of the pool, as it may cause a collision
- Follow directions from lifeguards and respond promptly if asked to move
- Do not enter a reserved lap lane before your scheduled time slot

Failure to follow these guidelines may result in suspension or revocation of your membership.

Additional Aquatic Notes

- No private lessons are allowed unless provided by Community Center staff
- Lap Pool: 6 lanes, depth up to 7 feet, temperature 78–81°F
- Therapy & Zero-Depth Pool: 0–4 ft. 6 in. depth, temperature 83–85°F



TODDLER

Little Hands, Big Stories - NEW

Laugh, listen, and create! Children will enjoy a delightful story and then make a craft inspired by the adventure. A fun, handson class that sparks imagination, creativity, and play!

Note: This is a parent and me class

AGE	DAY	DATE	TIME	M/NM
2-5	М	Jan. 5 - Feb. 9	9:45 am - 10:30 am	\$125/\$130

REGISTER ONLINE ▶



Terrific Twos & Threes

Explore, encourage, and nurture! This program supports your child's first interactive learning experiences through guided group activities that promote socialization, learning skills, and fun. This is a **drop-off program** three days per week.

AGE	DAY	DATE	TIME	M/NM	
2-3	M,W,F	Jan. 5 - Feb 13	9:30 am - 11:30 am	\$219/\$235	
REGISTER ONLINE ▶					



Amazing Athletes - NEW

Get moving with Amazing Athletes and JumpBunch! This exciting 6-week program introduces kids to over 40 different sports and fitness activities through energetic, skill-building games. Children will have a blast staying active, learning new sports, and building confidence in a fun, supportive environment.

AGE	DAY	DATE	TIME	M/NM	
3-5	М	Jan. 5 - Feb. 9	10:45 am - 11:30 am	\$90/\$110	
REGISTER ONLINE ▶					

Music Mondays

Join Principal Al and Francine Wheeler for this beloved music program designed for toddlers! Enjoy singing, rhythm, and movement activities that spark creativity and early learning. Register through the **C.H. Booth Library** to secure your spot!

Note: Everyone must pre-register with the library

AGE	DAY	DATE	TIME	M/NM
2-5	М	January 5	11:00 am - 11:45 am	FREE
2-5	М	January 26	11:00 am - 11:45 am	FREE
2-5	М	February 23	11:00 am - 11:45 am	FREE
REGISTER ONLINE ▶				

Pre-Ballet

A fun and engaging introduction to dance for young children. This pre-dance class teaches basic dance movements, turntaking, and coordination while enhancing fine and gross motor skills. Children will enjoy warm-ups, stretching, across-the-floor exercises, obstacle courses, and more; all set to music.

Attire: Leotard, tights, and ballet slippers

AGE	DAY	DATE	TIME	M/NM	
2.5-4	Tu	Jan. 6 - Feb. 10	9:45 am - 10:30 am	\$100/\$110	
DECISTED ONLINE					



Infant Massage - NEW

Discover the many benefits of infant massage while learning techniques to soothe and connect with your little one. Practice hands-on skills as you read your baby's cues, enhance communication, and strengthen your bond.

Note: This is a parent and me class

AGE	DAY	DATE	TIME	M/NM	
0-6 M	Tu	Jan. 6 - Feb. 10	9:45 am - 10:30 am	\$100/\$110	
REGISTER ONLINE ▶					



Piglet's Playgroup

Piglet's Playgroup is a weekly class for children and caregivers to explore, create, and connect through meaningful, sensory-rich activities. Each session offers opportunities for dry and messy sensory play, playdough provocations, collage tables, and paint exploration stations; all designed to foster problem-solving skills, creativity, and friendships.

This is a **child-led learning experience**, giving children the space and tools to discover themselves through hands-on exploration. Caregivers will also gain an understanding of the benefits of sensory play and tips to continue the journey at home.

Attire: Dress for a mess!

AGE	DAY	DATE	TIME	M/NM		
1-4	Tu	Jan. 6 - Feb. 10	10:45 am - 11:30 am	\$130/\$140		
REGISTER ONLINE ►						



Crafternoon

Spend the afternoon getting creative with a fun, themed craft! Each project is designed for kids to make and then take home. All supplies are included, just bring your imagination.

Note: Everyone must pre-register

AGE	DAY	DATE	TIME	M/NM	
All	Tu	January 13	3:30 pm - 5:00 pm	FREE/\$5	
All	Tu	February 11	3:30 pm - 5:00 pm	FREE/\$5	
PEGISTER ONLINE					



Fabulous Fours

This program nurtures social and emotional growth while helping children develop skills such as following directions, making friends, and sharing in a group setting. Participants engage in a variety of daily activities designed to prepare them for future learning and social experiences. This is a **drop-off program** twice per week.

AGE	DAY	DATE	TIME	M/NM	
3.5-4+	Tu,Th	Jan. 6 - Feb. 12	9:30 am - 11:30 am	\$195/\$210	
REGISTER ONLINE ▶					

Toddler Play Time

Wiggle, giggle, dance, and play! This popular exploration program offers a variety of fun-filled activities and songs designed for young children and their caregivers. Enjoy **quality time together** while encouraging movement, creativity, and social interaction.

AGE	DAY	DATE	TIME	M/NM	
1-3	Th	Jan. 8 - Feb. 12	9:45 am - 10:30 am	\$45/\$55	
REGISTER ONLINE ▶					



Tiny Food Explorers - NEW

Get ready for a delicious adventure with Food Explorers! In this 4-week class designed for our tiniest chefs and their caregivers, you'll whip up new recipes each week, including Banana Cream Pie Parfaits, Cucumber Sandwiches, Blueberry Cheesecake Cups, and Taco Pizzas. All recipes are nut-free and vegetarian but may contain dairy, eggs, and gluten.

AGE	DAY	DATE	TIME	M/NM	
3-5	F	Jan. 9 - Jan. 30	10:00 am - 11:00 am	\$85/\$95	
REGISTER ONLINE ▶					



YOUTH

Art Explorers - Inspired by the Masters

In this fun, hands-on class, children explore a different famous artist each week, such as Van Gogh, Picasso, and Frida Kahlo, while learning about their unique styles and techniques. Students then create their own artwork inspired by the featured master. This program builds foundational art skills, boosts creativity, and encourages confidence. Perfect for young artists eager to learn and create.

AGE	DAY	DATE	TIME	M/NM	
5-10	М	Jan. 5 - Feb. 9	4:30 pm - 5:30 pm	\$130/\$140	
REGISTER ONLINE ►					



Clay Creations

In this creative, hands-on class, children will learn basic clay techniques while making unique works of art. Projects include leaf bowls created with the coil method and decorated with natural textures from rocks, shells, bark, and more. This program encourages artistic expression while building fine motor skills. Perfect for young artists with big imaginations.

AGE	DAY	DATE	TIME	M/NM
5-10	W	Jan. 7 - Feb. 11	4:30 pm - 5:30 pm	\$130/\$140





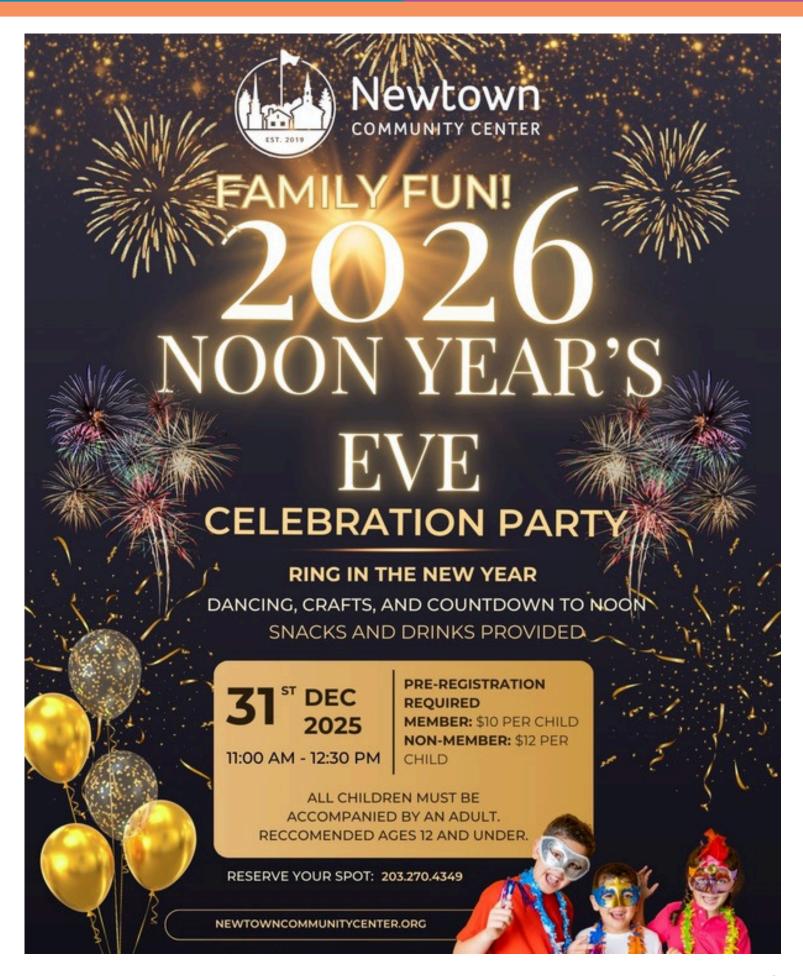
The Joy of Art in Winter

Young artists will explore the magic of winter through painting, photography, and seasonal crafts. Students will create snowy landscapes and cozy winter scenes while drawing inspiration from the colors and textures of the season. A fun, creative class that helps each child express their unique artistic voice.

AGE	DAY	DATE	TIME	M/NM	
5-10	Th	Jan. 8 - Feb. 12	4:30 pm - 5:45 pm	\$150/\$160	
DECISTED ONLINE					







YOUTH

Art Journaling

Students will use creative expression to tell their stories through both art and words. Each journal will be unique, as participants explore various art forms, textures, page layouts, and imaginative writing techniques. Create an art journal keepsake to treasure for years to come!

AGE	DAY	DATE	TIME	M/NM	
7-12	Th	Jan. 8 - Feb. 12	4:30 pm - 6:00 pm	\$140/\$150	
REGISTER ONLINE ►					



Food Explorers - Chocolate Factory

Join Food Explorers and whip up delicious holiday-inspired desserts each week! Learn to make Hot Chocolate Mini Donuts, Chocolate Cherry Cheesecake Pies, Butterscotch Trifles, and Candy Cane Brownie Bites. All recipes are nut-free and vegetarian, but do include dairy, eggs, and gluten.

AGE	DAY	DATE	TIME	M/NM	
7-11	Th	Jan. 8 - Feb. 12	4:30 pm - 5:30 pm	\$125/\$135	
REGISTER ONLINE ▶					





Knitting for Kids and Teens

Perfect for beginners, this hands-on class teaches the basics of knitting, including slip knot, casting on, knit stitch, purl stitch, and binding off. All materials are provided, and students will enjoy creating fun projects while building skills. Knitting is great for boys and girls alike!

AGE	DAY	DATE	TIME	M/NM
8-13	Th	Jan. 8 - Feb. 12	4:30 pm - 5:30 pm	\$65/\$75
REGISTER ONLINE				



Kids Night Out - Pajama Party!

Enjoy an evening to yourself while your kids have a blast! Our Kids Night Out program is packed with activities to keep them engaged and having fun. From exciting games and creative crafts to supervised swimming in our pool, the night will fly by. Our friendly staff will ensure a safe, welcoming environment for everyone.

Note: \$10/ additional child | Snacks available for purchase

AGE	DAY	DATE	TIME	M/NM	
5-11	F	February 27	6:00 pm - 8:30 pm	\$20/\$25	
	REGISTER ONLINE ►				





PUBLIC SCHOOL CALENDAR Sibling Discount Available!

newtowncommunitycenter.org | (203) 270-4349 | info.ncc@newtown-ct.gov

BUSING AVAILABLE!

CLASSES

Our group fitness classes are included with your membership, **no additional fee!** From energizing cardio to restorative stretching, our instructors lead sessions for all levels. Whether you want to build strength, improve flexibility, or simply move and have fun, there's a class for you.

Vinyasa

Experience a balanced mix of healthy alignment and fluid movement through familiar and new yoga poses. This class supports all levels and focuses on breath and posture to expand your practice. Enjoy a calming yet invigorating flow that promotes strength and flexibility.

AGE	DAY	TIME	INSTRUCTOR	
16+	М	9:30 am - 10:30 am	Dyllin	
REGISTER ONLINE ▶				

Note: We recommend making reservations 48 hours in advance on Motion Vibe (NewtownCC app). Class cancellations will be listed in the app. Please check regularly for the most up-to-date schedule. At times, a substitute instructor may lead a class without prior notice. We appreciate your flexibility and understanding.

Tai Chi / Qi Gong

Discover slow, gentle movements paired with focused breathing to improve muscle strength and balance. This meditative class is perfect for beginners and intermediate students. No previous experience is needed, just come ready to move mindfully.

AGE	DAY	TIME	INSTRUCTOR	
16+	М	6:00 pm - 7:00 pm	Audra	
REGISTER ONLINE ►				



Morning Yoga

Start your day energized with breathwork and purposeful movement. This class helps you build mental focus and physical strength to set a positive tone for your day. Perfect for all levels looking to wake up strong and centered.

AGE	DAY	TIME	INSTRUCTOR	
16+	Tu	6:30 am - 7:30 am	Eileen	
REGISTER ONLINE ▶				

Interval Workout

Boost endurance with alternating bursts of high and low intensity exercises using bodyweight and resistance bands. This fat-burning, muscle-building workout welcomes all fitness levels, with modifications offered. Proper footwear is required.

Attire: *Sneakers or proper footwear*

AGE	DAY	TIME	INSTRUCTOR	
16+	Tu	8:45 am - 9:30 am	Nada	
REGISTER ONLINE ►				

Barre Above®

A unique barre workout that blends Pilates, yoga, aerobics, and dancer-inspired exercises. This fun, dynamic class sculpts your body and improves overall fitness. Get ready for a results-driven session that's both challenging and enjoyable.

AGE	DAY	TIME	INSTRUCTOR			
16+	Tu	6:00 pm - 7:00 pm	Matt			
	REGISTER ONLINE ▶					

Yoga

A power yoga class designed to enhance mobility and build lean muscle. Renew your energy while conditioning your entire body through focused poses and breathwork. Suitable for all levels seeking a total body workout.

AGE	DAY	TIME	INSTRUCTOR	
16+	W	9:30 am - 10:30 am	Kathryn	
REGISTER ONLINE ▶				

Mat Pilates

Strengthen and stretch your core, hips, and shoulders using your own body resistance. This equipment-free class is performed on a mat for support and comfort. Ideal for improving posture and flexibility.

AGE	DAY	TIME	INSTRUCTOR		
16+	W	10:45 am - 11:45 am	Nada		
REGISTER ONLINE ▶					

RESERVE YOUR CLASS NOW!

Getting started is easy with these steps:

- Download "NewtownCC" from the App Store or Google Play Store
- **2. Open the app** and create an account using your membership card barcode
- 3. Select "Health and Wellness" in the Explore section and register for a fitness class





Dance Fusion

Burn calories while having a blast with easy-to-follow dance cardio moves. No dance experience is necessary, just bring your energy and enthusiasm. Perfect for anyone looking to combine fun and fitness.

AGE	DAY	TIME	INSTRUCTOR	
16+	W	6:30 pm 7:30 pm	Matt	
REGISTER ONLINE ►				

Sculpt & Strength

Challenge yourself with this full-body workout that combines weights and bodyweight exercises to tone and define major muscle groups. Build strength, boost endurance, and leave each class feeling strong and energized.

AGE	DAY	TIME	INSTRUCTOR		
16+	Th	8:45 am - 9:30 am	Nada		
REGISTER ONLINE ▶					

Yoga Flow

Move through a flowing sequence of yoga postures synchronized with breath. This mixed-level class includes balance work and optional challenges, with modifications provided.

Note: Bring yoga mat, blocks, & straps if you have them

AGE	DAY	TIME	INSTRUCTOR		
16+	Th	5:00 pm - 6:00 pm	Sharon		
REGISTER ONLINE ▶					



Yogalates

Combine the benefits of yoga and Pilates in this fusion class that strengthens both body and mind. Experience a balanced workout that improves flexibility and core strength. Perfect for those seeking a holistic fitness approach.

AGE	DAY	TIME	INSTRUCTOR	
16+	F	8:30 am - 9:30 am	Sharon	
REGISTER ONLINE ►				

Deep Stretch

Relax your body and mind with low-impact stretches set to soothing music. This class focuses on increasing flexibility and reducing stress through gentle movement and breathing.

Attire: Comfortable clothing

AGE	DAY	TIME	INSTRUCTOR	
16+	F	10:00 am - 10:45 am	Jenn	
DECISTED ONLINE				

NO CLASSES

Please note the following days Christmas Eve: December 24th Christmas: December 25th

Kwanzaa: December 26th
New Year's Eve: December 31st
New Year's Day: January 1st





Gentle/Happy Hour Yoga

Enjoy slow, deliberate movements and stretches designed to enhance flexibility and relaxation. This class emphasizes breath and repetition, making it ideal for all fitness levels. A calming way to improve range of motion.

AGE	DAY	TIME	INSTRUCTOR	
16+	F	5:30 pm - 6:30 pm	Trish	
16+	Su	9:30 am - 10:30 am	Trish	
REGISTER ONLINE ►				

Zumba

Get your heart pumping with high-energy Latin dance cardio. No rhythm or dance skills needed, just move to the music and have fun. This class also strengthens your core while providing a great workout.

AGE	DAY	TIME	INSTRUCTOR
16+	Sa	8:15 am - 9:15 am	Stephanie
REGISTER ONLINE ►			

Total Body Blast

A fast-paced full-body workout combining cardio and strength exercises. Tone and strengthen multiple muscle groups in a fun, energizing session. Great for those looking to improve overall fitness.

AGE	DAY	TIME	INSTRUCTOR
16+	Sa	9:30 am - 10:15 am	Jessi
REGISTER ONLINE ▶			

LESSONS

Parent & Tot 1

Designed for our youngest swimmers, this class helps little ones feel comfortable in the water with a parent or caregiver by their side. Together, you'll explore back floating, water acclimation, breath control, and basic safety skills all through gentle, playful activities.

Note: An adult must participate

AGE	DAY	DATE	TIME	M/NM
6M-16M	М	Jan. 5 - Feb. 9	11:00 am - 11:30 am	\$150/\$287
6M-16M	Sa	Jan. 10 - Feb. 14	9:00 am - 9:30 am 10:00 am - 10:30 am	\$150/\$287

REGISTER ONLINE ▶

Parent & Tot 2

For older babies and toddlers, this class fosters confidence and independence in the water while maintaining a parent or caregiver's presence. Swimmers will practice back floating, submersions, breath control, and safety skills while learning to swim to and from their grown-up.

Note: An adult must participate

AGE	DAY	DATE	TIME	M/NM	
17M-36M	Sa	Jan. 10 - Feb. 14	9:30 am - 10:00 am	\$150/\$287	
REGISTER ONLINE ►					



We want to ensure all participants have a clear understanding of our cancellation and refund policies for swim lessons and aquatics programs. Please review the guidelines below before registering.

- Cancellations made before the first day of the session (not the first class) will receive a full program credit
- Cancellations made after the session begins, whether or not the participant has attended, will receive a prorated credit
- **No refunds or credits** will be issued after the third class, regardless of attendance
- Cancellations due to medical reasons will be prorated with written verification from a physician
- Please allow up to one week for refund/credit processing. System credits can be viewed in your Community Pass account



Pre-School Level 1

An introduction to swimming, this class helps children become comfortable in the water and develop basic aquatic skills. Participants will also learn safe habits in and around the pool through games and guided activities.

Note: No prior experience needed

AGE	DAY	DATE	TIME	M/NM	
3-5	М	Jan. 5 - Feb. 9	4:30 pm - 5:00 pm 5:30 pm - 6:00 pm	\$150/\$287	
3-5	Tu	Jan. 6 - Feb. 10	5:00 pm - 5:30 pm	\$150/\$287	
3-5	W	Jan. 7 - Feb. 11	4:30 pm - 5:00 pm	\$150/\$287	
3-5	Th	Jan. 8 - Feb. 12	4:30 pm - 5:00 pm	\$150/\$287	
3-5	Sa	Jan. 10 - Feb. 14	9:00 am - 9:30 am 11:00 am - 11:30 am	\$150/\$287	
3-5	Su	Jan. 11 - Feb. 15	10:00 am - 10:30 am 11:30 am - 12:00 pm	\$150/\$287	
	REGISTER ONLINE ▶				

Pre-School Level 2

For swimmers who can already enter the pool independently, blow bubbles, and glide short distances, this level builds on those skills. Participants will work on floating, rolling, gliding, and recovering to a standing position to increase their water comfort and ability.

AGE	DAY	DATE	TIME	M/NM
3-5	Tu	Jan. 6 - Feb. 10	4:30 pm - 5:00 pm	\$150/\$287
3-5	W	Jan. 7 - Feb. 11	5:00 pm - 5:30 pm	\$150/\$287
3-5	Th	Jan. 8 - Feb. 12	5:00 pm - 5:30 pm	\$150/\$287
3-5	Sa	Jan. 10 - Feb. 14	9:30 am - 10:00 am 10:30 am - 11:00 am	\$150/\$287
3-5	Su	Jan. 11 - Feb. 15	11:00 am - 11:30 am	\$150/\$287

REGISTER ONLINE ▶



Pre-School Level 3

This advanced preschool level is for swimmers who can already glide, float, and swim short distances on their own. Participants will refine stroke techniques, work on combined arm and leg movements, and increase endurance through fun, skill-building activities.

AGE	DAY	DATE TIME		M/NM
3-5	W	Jan. 7 - Feb. 11	5:30 pm - 6:00 pm	\$150/\$287
3-5	Sa	Jan. 10 - Feb. 14	10:00 am - 10:30 am	\$150/\$287
3-5 Su Jan. 11 - Feb. 15		5 10:30 am - 11:00 am \$150/\$28		
REGISTER ONLINE ►				





Questions? Contact us at (203) 270-4328

School Age Level 1

Introduces swimmers to the aquatic environment and helps them build basic swimming skills in a safe, supportive setting. Children will also develop positive attitudes toward the water and learn essential safety habits through engaging, age-appropriate activities.

AGE	DAY	DATE	TIME	M/NM
6-18	М	Jan. 5 - Feb. 9	6:30 pm - 7:00 pm	\$150/\$287
6-18	Sa	Jan. 10 - Feb. 14	11:00 am - 11:30 am 12:00 pm - 12:30 pm	\$150/\$287

REGISTER ONLINE ▶



School Age Level 2

Designed for swimmers who can already glide, bob, and float with confidence, this class focuses on improving endurance and safety skills. Children will practice rolling, gliding, and recovering, while strengthening their strokes and building independence.

AGE	DAY	DATE	TIME	M/NM	
6-18	М	Jan. 5 - Feb. 9	5:00 pm - 5:30 pm	\$150/\$287	
6-18	W	Jan. 7 - Feb. 11	6:00 pm - 6:30 pm	\$150/\$287	
6-18	Th	Jan. 8 - Feb. 12	6:00 pm - 6:30 pm	\$150/\$287	
6-18	8 Sa Jan. 10 - Feb. 14		11:30 am - 12:00 pm	\$150/\$287	
6-18 Su Jar		Jan. 11 - Feb. 15	9:30 am - 10:00 am	\$150/\$287	
REGISTER ONLINE ▶					

LESSONS

School Age Level 3

Swimmers at this level can already tread water, swim short distances, and float confidently. The focus is on stroke refinement, building endurance, and practicing safe entries and exits from the pool while improving overall efficiency in the water.

AGE	DAY	DATE	TIME	M/NM
6-18	М	Jan. 5 - Feb. 9	6:00 pm - 6:30 pm	\$150/\$287
6-18	Tu	Jan. 6 - Feb. 10	5:30 pm - 6:00 pm	\$150/\$287
6-18	W	Jan. 7 - Feb. 11	6:30 pm - 7:00 pm	\$150/\$287
6-18	Sa	Jan. 10 - Feb. 14	11:30 am - 12:00 pm	\$150/\$287

REGISTER ONLINE ▶



School Age Level 4

For confident swimmers, this class develops endurance and stroke technique over longer distances. Participants will practice front crawl, elementary backstroke, and safe deepwater skills such as treading, floating, and turns.

AGE	DAY	DATE	TIME	M/NM	
6-18	Th	Jan. 8 - Feb. 12	5:30 pm - 6:00 pm	\$150/\$287	
6-18	Sa	Jan. 10 - Feb. 14	10:00 am - 10:30 am	\$150/\$287	
REGISTER ONLINE ▶					

School Age Level 5

This level helps swimmers refine their strokes while building distance and confidence. Participants will learn breaststroke and underwater swimming and will practice advanced turns, safe water entries, and skills that improve strength and efficiency in the water.

AGE	DAY	DATE	TIME	M/NM	
6-18	Th	Jan. 8 - Feb. 12	6:30 pm - 7:00 pm	\$150/\$287	
REGISTER ONLINE ►					

Jr Stroke & Turn

The focus of this class is to review all strokes (freestyle, backstroke, breaststroke, and butterfly) while practicing drills to improve technique and efficiency. Participants will also work on diving and flip turns to enhance overall performance. Perfect for swimmers preparing to join a swim team, this class builds both skill and confidence in the water.

AGE	DAY	DATE	TIME	M/NM
6-18	Tu	Jan. 6 - Feb. 10	6:00 pm - 6:45 pm	\$173/\$330
6-18	Sa	Jan. 10 - Feb. 14	12:00 am - 12:45 pm	\$173/\$330

REGISTER ONLINE ▶



Private Lessons

Get personalized, one-on-one instruction tailored to your goals and skill level. Each **30-minute session** is designed for children or adults, whether you're learning to swim for the first time or perfecting advanced techniques.

Note: No class Dec. 24 & 31

AGE	DAY	TIME	M/NM		
3+	M-Th	11:00 am - 7:00 pm	\$259/\$330		
3+	Sa,Su	8:00 am - 12:30 pm	\$259/\$330		
REQUEST LESSON ▶					

Semi-Private Lessons

Share the learning experience with a friend or family member at a similar skill level. These **30-minute sessions** provide focused instruction for two swimmers, offering the perfect mix of individual attention and shared fun.

Note: No class Dec. 24 & 31

TIME M/NM	DAY	AGE
11:00 am - 7:00 pm \$300/\$360	M-Th	3+
8:00 am - 12:30 pm \$300/\$360	Sa,Su	3+
'		

REQUEST LESSON ▶





Wave Yoga

Experience yoga like never before in the pool, practicing sequences on a paddleboard to build stability, flexibility, and strength. The class moves at a slower pace than land-based yoga to allow for balancing on the board. No previous yoga experience is needed, but seasoned yogis can also take their practice to the next level.

Note: All materials are provided. You do not need to be a strong swimmer, but you will enter the water to reach your paddleboard. Pool depths vary by location, and you should wear a swimsuit or water-wicking workout gear.

DAY	DATE	TIME	M/NM
W	January 7	8:00 am - 8:45 am	\$15/\$20
W	January 21	9:00 am - 9:45 am	\$15/\$20
W	February 4	8:00 am - 9:00 am	\$15/\$20
W	February 18	9:00 am - 10:00 am	\$15/\$20

REGISTER ONLINE ►

Aquacize I

A beginner-to-intermediate level water fitness class designed for a low-impact yet energizing workout. Sessions include warm-up, aerobic training, and cool down, along with strength, toning, and flexibility exercises in shallow water. Perfect for those new to water fitness or looking for a gentle but effective way to stay active.

Note: Registration is required | No class Dec. 22 - Jan. 2

DAY	TIME	Pool
M,W	8:00 am - 8:45 am	Therapy
M,W	9:00 am - 9:45 am	Therapy
Tu,Th	8:00 am - 9:00 am	Therapy
Tu,Th	9:00 am - 10:00 am	Therapy

REGISTER ONLINE ▶

Aquacize II

A medium-to-advanced level water fitness class with a faster pace and higher intensity. This shallow-water workout combines cardio, stretching, running, and muscle toning for a full-body challenge. Not recommended for beginners or those with physical limitations. Ideal for participants seeking a fun, group-based aquatic workout.

Note: Registration is required | No class Dec. 22 - Jan. 2

DAY	TIME	Pool		
M,W	10:00 am - 10:45 am	Lap		
Tu,Th	10:00 am - 11:00 am	Lap		
Tu	6:00 pm - 6:45 pm	Lap		
Tu	7:00 pm - 7:45 pm	Lap		
DECICTED ONLINE				





SCHEDULE

Open Swim

Make a splash in our Therapy Pool! Enjoy a relaxing and refreshing swim at your own pace, perfect for exercise, play, or unwinding. Lifeguards are on duty to ensure a safe and enjoyable experience for all ages.

Note: Half open on Monday - Thursday | 4:30 pm - 7:00 pm

DAY	TIME
M,Tu,W,Th	6:00 am - 8:00 am 10:00 am - 4:30 pm 7:00 pm - 8:45 pm
F	6:00 am - 7:45 pm
Sa	7:00 am - 9:00 am
Su	7:00 am - 9:00 am 1:00 pm - 4:45 pm

VIEW RULES & GUIDELINES ▶



Spray Bay

Make a splash in our indoor Spray Bay! Kids of all ages can enjoy interactive water features, fountains, and sprays in a safe, climate-controlled environment. It's the perfect spot for year-round fun.

Note: The Spray Bay is always open during business hours. The times below reflect when the water features are available.

DAY	TIME
M,Tu,W,Th	6:00 am - 8:00 am 11:30 am - 4:00 pm 7:00 pm - 8:45 pm
F	6:00 am - 7:45 pm
Sa	7:00 am - 9:00 am 12:30 pm - 5:15 pm
Su	7:00 am - 9:00 am 12:00 pm - 4:45 pm

VIEW RULES & GUIDELINES ▶

Lap Pool

Swim your way to fitness in our indoor 6-lane Lap Pool, perfect for lap swimming, endurance training, or water exercise. Lane 6 is designated as a handicap-accessible lane to ensure everyone can enjoy a safe and comfortable swim. Lifeguards are on duty to support a safe and enjoyable experience for all swimmers.

Note: All lap **lanes are shared**, with two swimmers per lane. **Reservations are required** and must be made in advance through the Newtown CC MotionVibe app.

Monday - Thursday | 11:00 am - 4:00 pm the lanes available may vary due to private lessons.

DAY	TIME	LANES QTY
M,Tu,W,Th	6:00 am - 10:00 am 11:00 am - 4:00 pm	6
M,Tu,W,Th	10:00 am - 11:00 am	3
M,Tu,W,Th	4:00 pm - 5:00 pm	4
M,W	5:00 pm - 7:00 pm	4
M,W	7:00 pm - 8:45 pm	6
Tu,Th	5:00 pm - 6:00 pm	4
Tu,Th	6:00 pm - 8:00 pm	3
Tu,Th	8:00 pm - 8:45 pm	6
F	6:00 am - 7:45 pm	6
Sa	7:00 am - 9:00 am 1:00 pm - 5:15 pm	6
Su	7:00 am - 9:00 am 1:00 pm - 4:45 pm	6
Sa,Su	9:00 am - 1:00 pm	5

REGISTER ONLINE >



RESERVE YOUR LAP LANE NOW!

Getting started is easy with these steps:

- Download "NewtownCC" from the App Store or Google Play Store
- Open the app and create an account using your membership card barcode
- **3. Select "Lap Pool"** in the Explore section and register for a lap lane





Lifeguard and Aquatic Policies

All lifeguards are certified by the American Red Cross and follow all local health guidelines. They are trained to prevent and respond to aquatic emergencies.

- Children under age 13 must be supervised by a parent or guardian at all times unless enrolled in a supervised program
- The Community Center is not responsible for lost or stolen items
- Athletic shoes worn outside are not permitted in wellness areas or on the pool deck
- Swimsuits are required in the pools; street clothes are not allowed
- Children under age 2 must wear reusable swim pants/diapers
- A towel must be worn at all times in the locker room

Note: For complete Pool, Lap Swim, and Spray Bay rules, refer to the signage on the pool deck.



Additional Aquatic Notes

- No private lessons are allowed unless provided by Community Center staff
- Lap Pool: 6 lanes, depth up to 7 feet, temperature 78–81°F
- Therapy & Zero-Depth Pool: 0–4 ft. 6 in. depth, temperature 83–85°F



Lap Swimming Etiquette Guidelines

Swimmers are encouraged to contribute to an atmosphere of cooperation and courtesy. To ensure a safe and enjoyable environment for all:

- Enter the pool from the shallow end
- A family may reserve a lane for family swim
- Inform other swimmers in your lane when you are entering the water
- Do not stand at the ends of the pool for an extended period of time
- Avoid stopping in the middle of the pool, as it may cause a collision
- Follow directions from lifeguards and respond promptly if asked to move
- Do not enter a reserved lap lane before your scheduled time slot

Failure to follow these guidelines may result in suspension or revocation of your membership.



Birthday Parties at the Pool!

Make your child's birthday unforgettable with a swim party at the Newtown Community Center! Whether you choose our *Make a Splash* party or go big with *Aqua After Hours*, kids will love swimming, splashing, and celebrating with friends. Ready to dive in?

LEAR MORE ▶







UPCOMING

Stay Connected!

Don't miss a moment of the fun, subscribe to our email newsletter and **follow** us on social media for the latest updates on programs, events, and special announcements. Be the first to know and join our vibrant community online!

CONNECT WITH US

@newtowncommunitycenter







Winter Solstice Yoga

Celebrate the season with deep rest, stillness, and gentle reflection. This class blends restorative poses such as Child's Pose and Supported Fish Pose with slow, mindful movements and grounding sequences like Sun Salutations for a calming and rejuvenating experience.

AGE	DAY	DATE	TIME	M/NM	
18+	Sa	December 20	10:30 am - 11:30 am	FREE/\$10	
REGISTER ONLINE ▶					



Host Your Next Event With Us!

Planning a birthday party, meeting, baby shower, or special celebration? We offer flexible, affordable room rentals perfect for gatherings of all sizes. With bright, welcoming spaces, tables and chairs provided, and convenient amenities, we make it easy to bring your vision to life. Let us help you create an event to remember!

LEAR MORE ▶







Family Noodle & Wibit Slide

Dive into a night of fun with tons of pool noodles, tubes, and our inflatable Wibit slide! Each child must be registered and accompanied by an adult. Participants must be 6 or older to use the inflatable and are required to wear a life jacket.

Note: An adult must participate

AGE	DAY	DATE	TIME	M/NM
All	F	January 23	5:30 pm - 7:30 pm	FREE/\$5

REGISTER ONLINE ▶



Line Dancing

Learn fun, easy-to-follow line dances with Tricia Marino and Elie Zammarieh of Let's Dance Entertainment. Whether you're a beginner or experienced dancer, this upbeat session set to country and pop hits offers great instruction, great energy, and a great workout.

Note: No experience required

ı	AGE	DAY	DATE	TIME	M/NM
ľ	18+	F	January 9	6:30 pm - 9:30 pm	\$25/\$30
	18+	F	February 13	6:30 pm - 9:30 pm	\$25/\$30

REGISTER ONLINE ▶



Valentine's for Vets and Troops

Spread some love this Valentine's Day by creating handmade cards for our Veterans and troops overseas. The Community Center will provide all materials, and completed cards will be delivered through local veterans' organizations to brighten the day of those who serve.

AGE	DAY	DATE	TIME	M/NM
All	S	February 1	1:00 pm - 2:00 pm	FREE
NO REGISTRATION REQUIRED				

Sweetheart Ball

Enjoy an enchanted evening of music and dancing at our Little Sweetheart Dance for young ladies and the special adult in their life. The night includes a free photo booth, light refreshments, and a special thank-you gift for each young guest.

Note: Cost includes one adult and one child. Additional children are \$8 each

AGE	DAY	DATE	TIME	Fee	
4-14	F	February 6	6:30 pm - 8:30 pm	\$20	
REGISTER ONLINE ▶					



Valentine's Yoga for Couples

Enjoy a fun and playful yoga class designed for partners, featuring uplifting poses that energize and connect you. The session concludes with a blissful relaxation to leave you both feeling refreshed. All levels are welcome.

	AGE	DAY	DATE	TIME	M/NM	
	16+	Th	February 12	6:30 pm - 7:30 pm	FREE/\$10	
REGISTER ONLINE ▶						

Galentine's Day Wine Glass Painting

Grab your besties and join us at **The Giggling Pig** New Haven for the ultimate Galentine's Day celebration! Sip, snack, and paint wine glasses together for a night full of laughter and creativity. February 13th is all about celebrating YOU and your favorite ladies. All painting materials and step-by-step instructions are included, or feel free to follow your own inspiration. BYO takeout and drinks (or have them delivered) for the perfect girls' night out. An unforgettable evening of fun and friendship!

AGE	DAY	DATE	TIME	M/NM			
18+	F	February 13	6:30 pm - 8:30 pm	\$65/\$75			
REGISTER ONLINE ▶							





Indoor Market

Returning for its third season, our Indoor Market, sponsored by the *Newtown Savings Bank*, showcases talented artists, makers, and food vendors. Explore a variety of handmade crafts, baked goods, farm-fresh items, and more. Each market day brings something new. Shop local, discover unique treasures, and connect with your community!

AGE	DAY	DATE	TIME
All	Tu	Jan. 6 & 20	2:00 pm - 6:30 pm
All	Tu	Feb. 3 & 17	2:00 pm - 6:30 pm
All	Tu	Mar. 3 & 17	2:00 pm - 6:30 pm
All	Tu	Apr. 7 & 21	2:00 pm - 6:30 pm
All	Tu	May 5 & 19	2:00 pm - 6:30 pm

FOLLOW OUR FACEBOOK GROUP ▶



The Power of Local®







Calling All Vendors!

Interested in showcasing your products at the Newtown Community Center *Indoor Market*? We'd love to have you! Please fill out our Vendor Interest Form to be considered for an upcoming market day. Share your handmade crafts, baked goods, farm-fresh items, or other unique offerings with our community and join the fun!

FILL OUT THE FORM ▶

JOIN OUR TEAM JOB OPENINGS

Looking for a rewarding opportunity to make a difference in your community? The Newtown Community Center is hiring! From part-time roles to leadership positions, we offer a variety of opportunities to grow your career while giving back. **View all current openings at:** newtowncommunitycenter.org/job-openings



Lifequard

The Lifeguard at the Newtown Community Center maintains a supportive, positive atmosphere that welcomes and respects all individuals and while promoting and maintaining safe swimming conditions in the pool, deck, and surrounding areas in accordance with all policies and procedures.



Swim Instructor

Under the direction of the Aquatic Director, the Swim Lesson Instructor is responsible for providing direct leadership, instruction, and motivation as well as assuring the safety, well-being, and enjoyment of swim lesson participants. The Swim Instructor is responsible for teaching swim lessons following Red Cross guidelines and association policies in line with training.



Birthday Party Host

As a Birthday Party Host, you will be responsible for creating a fun and memorable experience for party guests. Your role includes setting up and cleaning the party room, assisting the client and their guests, ensuring safety guidelines are followed, and maintaining a welcoming atmosphere. This position is as-needed, based on party bookings, and requires strong communication, organization, and enthusiasm for working with children and families.



Toddler Play Time Instructor

As a Toddler Play Time Instructor, you will lead fun, active, and age-appropriate "Parent & Me" gym sessions for young children (ages 2-4). You will engage children and their caregivers through structured activities such as musical chairs, freeze dance, obstacle courses, and balloon volleyball. This role requires high energy, strong communication, creativity, and a passion for early childhood development. This position is as-needed based on party bookings.



Little Chefs Instructor

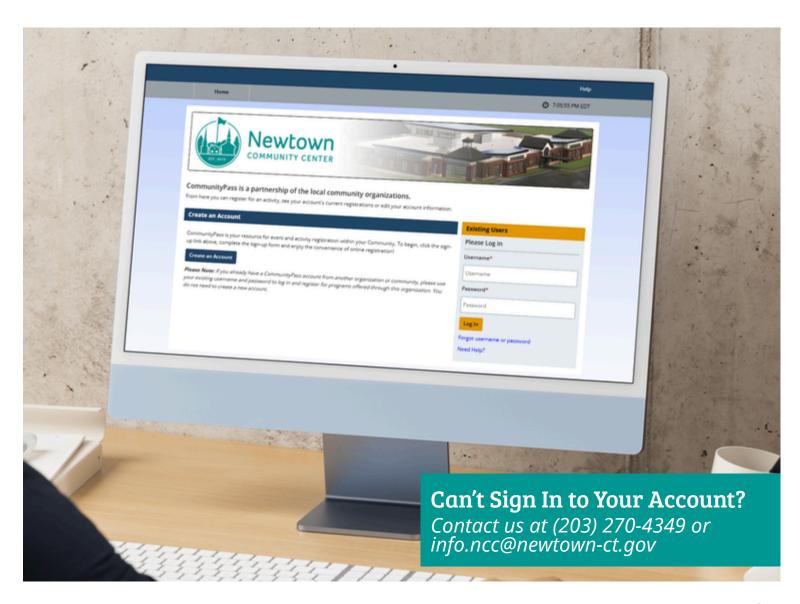
As a Little Chefs Instructor, you will lead fun and interactive cooking activities for children's birthday parties (ages 6-12). You will be responsible for guiding kids through the cooking process while ensuring a safe and engaging environment. This position is asneeded, based on party bookings, and requires strong communication, organization, and enthusiasm for working with children.

COMMUNITYPASS

Signing up for our programs, lessons, and events is quick and easy!

How to Register on Community Pass

- 1. Log In or Create an Account
 - Already have an account? Enter your username and password
 - New to CommunityPass? Click Create an Account and fill out the form
- 2. Start Your Registration
 - Click on Click Here to Register to view available programs, lessons, and events
- 3. Choose Newtown Community Center
 - Click the Continue button under Newtown Community Center
- **4.** Find Your Program or Event
 - Use the filters on the side panel or type a keyword in the search bar
- 5. Add to Cart & Check Out
 - Once you've selected your program(s), add to cart and complete your checkout



VIEW WHAT'S HAPPENING!



Scan the QR code to view our digital catalog, which features direct links to all upcoming programs, classes, events, and registration information.

