



Newtown
COMMUNITY CENTER
Centered Around You

FALL

Programs

Session Runs : November 4 - December 15



Registration
Begins
October 21!

www.newtowncommunitycenter.org

Mission Statement

Hours of Operation

The Newtown Community Center is a multi-generational hub that enhances our community by promoting social interaction, health and wellness, creative opportunities, and personal growth.

Monday-Thursday
6:00am-9:00pm

Friday
6:00am-8:00pm

Saturday
7:00am-5:30pm

Sunday
7:00am-5:00pm



Family & Youth

For families and youth, that means amenities and activities that keep parents and kids engaged and entertained. Plan an activity or rent our multi-purpose rooms or our large banquet space for parties, celebrations and other special occasions. Take full advantage of our two indoor pools: one 6-lane lap pool for swimming, water aerobics and one uniquely accessible warm water “zero-entry” family pool (complete with spray bay) for infant and toddler play, as well as swim lessons, and other year-round, kid friendly aquatic programs. You’ll also love the convenience of our family locker room!



Individuals

There is plenty for everyone to enjoy at the Newtown Community Center. The 6-lane lap pool or activity pool are ideal for some quality swim time. Host a party or milestone celebration in one of our banquet rooms. Meet new friends or peers at social events throughout our meeting and multi-purpose rooms. There’s always a detailed Calendar of Events—no matter what the activity our campus affords endless opportunities for connection and interaction.



Teens & Tweens

For teens and tweens, that means a safe and spacious place to meet up with good friends—and make a few new ones. Gather for pizza and a movie in one of our activity rooms. Host a “Battle of the Bands” in a multi-purpose room. Join an art, wellness, after school program or chill at the pool. Hire a DJ and throw a birthday party. If you’ve got the ideas, we’ve got the space!



Seniors

For seniors, that means programs designed to complement those of our campus neighbor, the Newtown Senior Center. Enjoy our 6-lane lap pool and unique-to-the-area “zero entry” pool that’s easy in, easy out – great for water aerobics. There’s also a selection of engaging activities such as evening social events and multi-generational opportunities.

Membership Descriptions

Membership Inclusions

- Unlimited access to 6 lane lap pool, recreational pool and spray bay
- Health & wellness programs
- Water aerobics
- Member events
- Discounted programs
- Discounted space rentals including birthday parties
- (4) Free guest passes annually
- Family time activities

Membership rates

	Payment Frequency	Resident Rates	Non-Resident Rates
Joiners Fee ¹	One-time	\$0	\$50
Youth/Teen (Ages 0-18)	Monthly	\$18	\$25
Adult	Monthly	\$31	\$40
Single Parent Family (Includes 1 adult and children in the same household)	Monthly	\$34	\$42
Family (Includes 2 adults and children in the same household)	Monthly	\$41	\$49
Senior (60 +)	Monthly	\$18	\$28
Senior Couple (2 senior individuals in the same household)	Monthly	\$32	\$41
Day Passes	Daily	\$8	\$10

* Proof of residency due at registration

¹ The Newtown Community Center charges a one time Joiners Fee of \$50.00 to Non-Residents who wish to secure or become a member. This Joiners Fee is a one time fee and will be waived within a 6 month period if the member discontinues their membership and decides to rejoin. For non-resident members who joined before Nov. 1, 2019, this joiners fee will apply should they discontinue their membership for more than 6 months.



Membership Handbook

Membership Cards & Photo IDs

- Membership Cards and/or photo IDs are essential tools to maintaining safety at the Newtown Community Center
- Membership cards are issued to all members. Members must have their photo taken upon joining the Community Center
- Never loan your card or transfer your membership to someone else; these actions could lead to grounds for termination
- In order to have access to the full amenities all guests must complete a liability waiver prior to entrance

Membership for All

The Newtown Community Center does not turn anyone away for inability to pay. An individual's rate for membership/programs is determined by household income and based on need depending on the situation. Applicants are required to provide income verification and a letter of need. To apply for assistance, please complete an assistance application or you can download from our website.

Locker Rooms

The Community Center provides the following locker rooms:

- Men's and Women's Locker Room: Ages 13 & above (unless accompanied by an adult)
- Family Locker Room: Adults with children or dependent adults



Policies

Open Door Policy

The Newtown Community Center is open for all residents to use our open space in the facility including the café and social gathering space. Our Community Conference room is open to non-profits and local organizations. Please contact the Front Desk to reserve the space.

Cell Phone Policy

Cell phone use is strictly prohibited in the locker rooms and pool area. This is in effect for the safety of our visitors.

Guest Pass Policy

The Newtown Community Center seeks to encourage memberships through guest privileges. Members are invited to bring 4 guests per year and to enjoy the facility at no additional cost.

- Each guest must be accompanied by a member and provide a valid photo ID on each visit
- Each guest must check in properly at the welcome desk
- The current member will be held responsible for their guests
- After exceeding your guest passes for the year, you may pay an additional \$5.00 per guest you would like to bring to the facility.

Day Pass Policy

The Newtown Community Center is open for those who want to use the facility for the day. Those wishing to use the facility must show proper identification, pay the fee up front and sign the necessary waiver.

Lifeguard and Aquatic Policies

All Newtown Community Center Lifeguards are certified and trained through the American Red Cross and follow local health department guidelines. Our lifeguards and aquatic staff are well trained to prevent and respond to any aquatic emergency and to provide appropriate care if necessary. To ensure safety for all, our staff is empowered to enforce all rules and policies with guests in attendance.

All Children under the age of 13 must be supervised by their parents or guardians at all times on the Newtown Community Center property. The only exception to this policy is if a child is enrolled in an organized program.

The Community Center is not responsible for lost or stolen items. Members are asked to not wear athletic shoes from the outside in the health and wellness space or on the pool deck. Swimsuits are required in the pools, no street clothes are permitted. Reusable swim pants/diapers for children ages 2 & under are required. While in the locker room, please wear a towel at all times.

Please see the full list of complete pool rules, lap swim rules and spray bay rules for clarification found on our pool deck.

Lap Swimming Etiquette Guidelines

Swimmers are encouraged to contribute to an atmosphere of cooperation and courtesy.

- Please enter the pool from the shallow end
- A family is allowed to reserve a lane for family swim
- Please let swimmers in your lane know when you are entering the water
- Do not stand at the ends of the pool for an extended period of time
- Please avoid stopping in the middle of the pool for any reason as this can cause a collision
- Please be responsive if you are asked to move by the lifeguards
- Please do not enter the lap lane before your reserved time slot

Not following these guidelines can lead to suspension or revocation of your membership

Other

- No Private lessons allowed, private lessons are only to be provided by Community Center staff
- Our Lap Pool is a 6 lane pool with a depth of up to 7 feet and temperature maintained between 78-81 degrees, our therapy pool and zero depth entry area ranges from 0 feet to 4 feet 6 inches and the temperature is maintained between 83 and 85 degrees.

Fees and Payments

Accepted forms of payment: MasterCard, Visa, Discover, American Express, Cash and Check

Members are responsible for notifying the Newtown Community Center if their account information changes, including expiration dates of credit cards.

- All memberships must have a method of payment on file
- All monthly draft charges are continuous until the member notifies the NCC, in writing, to cancel the charges
- In the instance your monthly draft is returned for non-payment you will be notified via mail and email
- Should my Bank or Credit Card Company not honor the transaction for any reason, the member is responsible for that payment plus a Service Charge for the amount of \$15.00 and any service fees my Bank or Credit Card Company may make

Membership Termination

To cancel a membership, please visit the Newtown Community Center to complete a membership termination form. **All membership termination require a 30 day written notification.** If your billing cycle falls within 30 days you will be billed your monthly fee.



Toddler Programs

Must Pre-register for all Six Week Sessions

Toddler Time

Ages 1-3

Wiggle, giggle, dance and play! Delight in this popular exploration program where children participate in fun filled activities and games. This is a parent /caregiver and child class.

Monday | 10:00 - 10:45 am

Tuesdays | 9:45 - 10:30 am

Program Cost

Member: \$45

Resident Non-Member: \$55

Non-Resident/Non-Member: \$65

Terrific Two's & Three's

Ages 2-3

Explore, encourage and nurture! We will guide your child's first interactive learning experiences with group activity, introducing socialization and learning skills while having fun. This is a drop-off program with the option for two or three times per week – pick your day!

2 Days Per Week | Wednesdays & Fridays | 9:30 – 11:30 am

3 Days Per Week | Monday, Wednesday & Friday | 9:30 - 11:30 am

Program Cost

2 Days/Week: Wednesday & Friday Only

Member: \$195

Resident Non-Member: \$210

Non-Resident/Non-Member: \$225

3 Days/Week: Monday, Wednesday, and Friday

Member: \$219

Resident Non-Member: \$235

Non-Resident/Non-Member: \$250

Fabulous Fours

Age 4

Nurturing a 4-year-old's social and emotional growth, participants learn to follow directions, make new friends and share with others in a group as they participate in daily activities. This is a drop-off program with the option for once or twice per week – pick your day!

Tuesday | 9:30-11:30 am

Thursday | 9:30 -11:30 am

Program Cost

1 Day/Week: Tuesday or Thursday Only

Member: \$110

Resident Non-Member: \$125

Non-Resident/Non-Member: \$145

2 Days/Week: Tuesday and Thursday

Member: \$195

Resident Non-Member: \$210

Non-Resident/Non-Member: \$225

Ballet

Ages 2.5-4

A fun introductory class for kids 2.5-4 years old. Pre-dance is designed to help children learn basic dance movements, how to take turns, work on fine and gross motor skills and put movement to music. Class will include a basic warm-up, stretching, across the floor, obstacle courses and more! Please wear a leotard, tights, and ballet slippers.

Thursdays | 9:45 - 10:30 am

Program Cost

Member: \$110

Resident Non-Member: \$115

Non-Resident/Non-Member: \$120

Piglet's Playgroup

Ages 1-4

Piglet's Playgroup is a weekly session for children ages 1 - 4 and caregivers to nurture their creative relationships. Through meaningful, sensory rich experiences including dry and messy sensory play, playdough provocations and collage tables, and paint exploration stations we will play and learn together, picking up powerful skills like problem solving and making friends.

We believe in child-led learning. There is so much power (and joy) that follows when you provide your child with the space and tools to discover themselves through sensory rich, meaningful exploration.

We hope you'll join us and share moments of joy magic together this fall.

Caregivers will leave with an understanding of the benefits of sensory play and tips on how to encourage this journey together at home. Dress for a mess!

Tuesdays | 10:45 - 11:30 am

Program Cost

Member: \$125

Resident Non-Member: \$130

Non-Resident/Non-Member: \$135



Music Mondays

Ages 2-5

Principal Al and Francine Wheeler will continue this wonderful and popular music program for toddlers at the Community Center! Join us by registering with the C.H. Booth Library at <https://www.eventkeeper.com/mars/xpages/C/CHB00TH/ekmonth.cfm>

Mondays | 11:00 - 11:45 am

Dates: November 4 - Francine Wheeler

November 18 - Al de Cant

Program Cost

Member/Non-Member: FREE



After School Programs

Must Pre-register for all After School Programs

Clay Creations

Ages: 5-10

In this class, your child will make beautiful creations while learning basic clay techniques. Children will make leaf bowls using a coil method using rocks, shells, bark and much more! Come join the fun and let your child's imagination run wild!

Mondays | 4:30-5:30

Program Cost

Member: \$175
Resident Non-Member: \$185
Non-resident/Non-Member: \$195

Knitting for Kids and Teens

Ages: 7-13

This is a fun class for beginners and for those wanting to learn the basics of knitting including slip knot, casting on, knit stitch, purl stitch and binding off. All materials provided - Knitting projects are great for boys and girls!

Thursdays | 4:30 - 5:30 pm

Program Cost

Member: \$65
Resident Non-Member: \$75
Non-resident/Non-Member: \$85

Under the Big Top- Circus Art Adventure!

Ages 5-10

Step right up and join us for a whimsical art journey inspired by the magical world of the circus! Each week, you'll dive into a new and exciting circus-themed project that will ignite your creativity and bring the vibrant energy of the big top to life. Whether you're a budding artist or simply a circus enthusiast, this class promises a fun-filled, creative experience where every project captures the enchantment and thrill of the circus. Don't miss your chance to be part of the greatest art show on Earth!

Tuesdays | 4:30 - 5:30 pm

Program Cost

Member: \$170
Resident Non-Member: \$180
Non-Resident/Non-Member: \$200



Performing Arts Circus Troupe(PACT)

Ages 9-17

Build a circus! Troupers form a tight-knit group focused on building individual, partner, and group circus skills including juggling, diabolo, spinning plates, walking globe, balance boards, stilts, unicycle, tumbling, partner balance, physical comedy, performance techniques, and more. We encourage building in special skills (comedy, music, skate, hoverboard, etc). Students choose their focus and build a circus at the end of the year. PACT classes run September-June with enrollment through January. This is an invitation only class. Invitation is based on desire to participate and participation in one "try-out" class. **To request a try-out class contact info@circusmoves.com**

Mondays | 4:30 - 6:00pm

Program Cost

Member/Non-Member: \$144

Intro to Circus Arts

Ages 7-14 & up

Run away with the circus and still be home in time for dinner! This class introduces the fundamentals of circus arts without deep focus on any one. Circus arts classes are unique in that the more ages and sizes there are, the more circus things we get to do. Try your hands at juggling, spinning plates, and diabolo, experiment with rolling and tumbling, test your balance on the walking globe, stilts, and partner balancing and more! In this exciting movement filled class students will develop core-strength, flexibility, and body-awareness while increasing self-esteem, leadership skills, and social-emotional development. No experience necessary. Presented by Circus Moves.

Thursdays | 4:30 - 5:30pm

Program Cost

Member: \$110
Resident Non-Member: \$115
Non-Resident/Non-Member: \$120

Art Journaling

Ages: 7-12

NEW!

Students will use their creative expression to tell their stories through art and words. Each child's work will be unique to them! We will explore various art forms, textures, page layouts, and creative ways to write. Join us to make an art journal keepsake that will be enjoyed for years to come! Class includes journal.

Thursdays | 4:30 pm - 6:00 pm

Program Cost

Member: \$100
Resident Non-Member: \$105
Non Resident/Non-Member \$110



Fall



Newtown
COMMUNITY CENTER

CULINARY CLASSES

Presented by
**Loree's Fine Foods chef's Loree Ogan
and Susan Cardoza**

All classes begin promptly at 6:30 pm and end 8:30pm. Classes are fun, interactive and suitable for adult cooks from beginners to accomplished.



November 12, 2024

SOUPS ON

Having lots of really good recipes in your soup arsenal is a must for you and your family. This season the class will cover three variations of classic chicken, hearty vegetarian, and an easy version of the **trending ramen bowls** (no prepackaged soup you ate to survive college!)



December 11, 2024

OUR HOLIDAY GIFT TO YOU

With so many years in the food business, Loree and Sue will share some of their favorite kitchen hacks - everything from fool proof, over easy eggs, to super simple add-ons for holiday parties. Learn simple tricks that make cooking a joy!

BONUS - Bring us your favorite knife and we will sharpen it for the holidays.

Program Cost

Member: \$99

Resident Non-Member: \$109

Non-Resident/Non-Member: \$119

REGISTER

Online: newtowncommunitycenter.org

Call: 203.270.4349





Newtown
COMMUNITY CENTER

2024

ADULT CLASSES

FALL COOKING CLASSES

SOUPS ON

Having lots of really good recipes in your soup arsenal is a must for you and your family. This season the class will cover three variations of classic chicken, hearty vegetarian, and an easy version of the trending ramen bowls (no prepackaged soup you ate to survive college!) **Tuesday November 12th 6:30 - 8:30 PM**



OUR HOLIDAY GIFT TO YOU

With so many years in the food business, Loree and Sue will share some of their favorite kitchen hacks - everything from fool proof, over easy eggs, to super simple add-ons for holiday parties. Learn simple tricks that make cooking a joy! BONUS - Bring us your favorite knife and we will sharpen it for the holidays. **Wednesday, December 11th 6:30 - 8:30 PM**

**Cooking Class Cost: Member: \$99 |
Non-Member: \$105 | Non-Member/Non-Resident: \$120**

ADULT CRAFT & SIP NIGHTS

**INITIAL TRAY WORKSHOP | Thursday November 14 6:30 - 8:30 PM
Member \$60 | Non-Member \$65**

**HOLIDAY ORNAMENTS WORKSHOP | Thursday December 5 6:30 - 8:30 PM
Member \$50 | Non-Member \$55**



HOLIDAY ORNAMENTS 2-DAY WORKSHOP

Craft holiday ornaments employing slab construction method. Embellish with textures and glaze transfers, These ornaments will be prepared with a hook or loop for hanging. **Fridays November 15 & 22 5:30 - 7:30 PM**



LACE DOILIES AND TRINKETS DISHES 2-DAY WORKSHOP

In the first class, potters will craft decorative dishes from a single clay slab and pressing vintage lace doilies. The second week, after bisque firing, potters will paint their work using a variety of glazes and techniques. Age 16+ **Fridays December 13 & 20 5:30 - 7:30 PM**

2 DAY WORKSHOP Cost: Member: \$80 | Non-Member: \$85 | Non-Member/Non-Resident: \$90

REGISTER : 203.270.4349 | NewtownCommunityCenter.org

Events/Workshops for All!

Don't Forget to Pre-register for all Events!

Elf Dance Party

Ages 5-10

Have fun decorating cookies, write a letter to Santa, make a treat for his reindeers and enjoy the hot chocolate buffet! We'll even have a special visit from The Elf! The Elf will get you into the holiday spirit with a fun and festive dance party!

Sunday, December 15 | 2:00 - 3:30pm

Event Cost

Member: \$8 per child

Non-Member: \$11 per child

Noon Years Eve!

All Ages

Ring in the new year with dancing, crafts and a countdown to noon. Snacks and drinks will be provided Pre-registration is required.

Tuesday, December 31 | 11:00 - 12:30pm

Event Cost

Member: \$8 per child

Non-Member: \$11 per child

Kids Night Out

Ages 5-11

Take the night off while your kids enjoy a full evening of fun! **Dinner is not provided**, we will have snack available for purchase.

Gobble Gobble Fun - November 22 | 6:30 – 9:00 pm

Kids have their own fun-filled night with a Turkey Hunt, games and most importantly swimming.

Gingerbread Hunt - December 13 | 6:30 – 9:00 pm

Kids have their own fun making gingerbread a craft, decorating a cookie, and swimming.

Event Cost

Member: \$25 per child/\$10 additional sibling

Non-Member: \$30 per child/\$15 additional sibling

Gingerbread House Workshop

All Ages (Students under 16 must be accompanied with an adult)

Get the kids into THE HOLIDAY SPIRIT by having them decorate their own pre assembled gingerbread house! Enjoy hot chocolate and festive holiday music while you and your family enjoying decorating your gingerbread house! Pre Assembled house and all candy decorations will be provided. Bring a box to take home your creation. Price includes one Gingerbread house, each additional house is \$10. Sign up is required, space is limited.

Sunday, December 1 | 2:00 - 3:30 pm

Event Cost

Member: \$15 for the 1st child & \$10 for each additional child

Non-Member: \$20 for the 1st child & \$15 for each additional child

***If you only want one Gingerbread house for the family only register one child.**



Adult Offerings

Don't Forget to Pre-register for all Adult Programming!

Fall Cooking Classes

Soups On-Having lots of really good recipes in your soup arsenal is a must for you and your family. This season the class will cover three variations of classic chicken, hearty vegetarian, and an easy version of the trending ramen bowls (no prepackaged soup you ate to survive college!)

Tuesday, November 12 | 6:30 - 8:30 pm

Please arrive 5 minutes early - class will start promptly at 6:30 Wear comfortable clothing and shoes.

Our Holiday Gift to YOU! - With so many years in the food business, Loree and Sue will share some of their favorite kitchen hacks - everything from fool proof, over easy eggs, to super simple add-ons for holiday parties. Learn simple tricks that make cooking a joy!

BONUS - Bring us your favorite knife and we will sharpen it for the holidays.

Wednesday, December 11 | 6:30 - 8:30 pm

Please arrive 5 minutes early - class will start promptly at 6:30 Wear comfortable clothing and shoes.

Program Cost (per class)

Member: \$99

Non-member: \$105

Non-member/Non-resident: \$120

Adult Craft & Sip Nights

Ages: 21 +

Bring your friends and enjoy an evening of crafting. All materials are provided and sourced from Mommy's Board Silly. Feel free to bring beverage of choice.

Initial Tray Workshop - November 14 | 6:30 - 8:30 pm

Member: \$60

Non-Member: \$65

Holiday Ornaments Workshop - December 5 | 6:30 - 8:30 pm

Member: \$50

Non-Member: \$55

Adult Pottery - Creating Texture On Your Pottery

In this class we will explore the many ways to add texture to your wares, including stamps, embossed rolling pins, pressing in textures from nature or items found around the house, or adding texture using stencils. Best for Beginners or Intermediate Potters. Age 16+

Mondays | November 4, 11, 18, & 25 | 6:30-8:30 pm

Program Cost:

Member: \$140

Non-Member: \$150

Non-Member/Non-Resident: \$160

2 Day Pottery Workshops

Holiday Ornaments

Fridays, November 8 & 15 | 5:30-7:30

Let's craft festive Holiday Ornaments employing the slab construction method. We will embellish them with captivating textures or seasonal glaze transfers. They can be glazed a simple winter white or painted with a symphony of hues to bring forth a holiday spirit that dazzles and delights. These ornaments will be prepared with a hook or loop for hanging, ready to grace your tree with their charm. Alternatively, they can be used to add a touch of seasonal beauty to any corner of your space, providing a versatile and delightful decorative element. Age 16+

Lace Doilies Trinkets Dishes

Fridays, December 13 & 20 | 5:30-7:30

In the first class, potters will craft exquisite decorative dishes from a single slab of clay and pressing vintage lace doilies in the surface to infuse them with texture. The following week, after initial bisque firing, potters will paint their work using a variety of glazes and techniques. Age 16+

Program Cost:

Member: \$80

Non-Member: \$85

Non-Member/Non-Resident: \$90



Friends of the Newtown Community Center

SIP 'n SHOP
Benefitting the Newtown Community Center

Save the Date

Join us at the Newtown Community Center for our 4th Annual Sip 'n Shop event! We will have shopping vendors, wine and beer tastings, delicious food, music and more! Grab your friends and come on down!

Newtown Community Center | 8 Simpson Street, Newtown, CT

Friday, December 6th

FOR MORE INFORMATION
VISIT WWW.NEWTOWNCOMMUNITYCENTER.ORG

Under the Big Top Circus Art Adventure



Step right up and join us for a whimsical art journey inspired by the magical world of the circus! Each week, you'll dive into a new and exciting circus-themed project that will ignite your creativity and bring the vibrant energy of the big top to life. Whether you're a budding artist or simply a circus enthusiast, this class promises a fun-filled, creative experience where every project captures the enchantment and thrill of the circus. Don't miss your chance to be part of the greatest art show on Earth!

Ages: 5 -10

Tuesdays | 4:30 -- 5:30 pm

Program Cost

Member: \$170

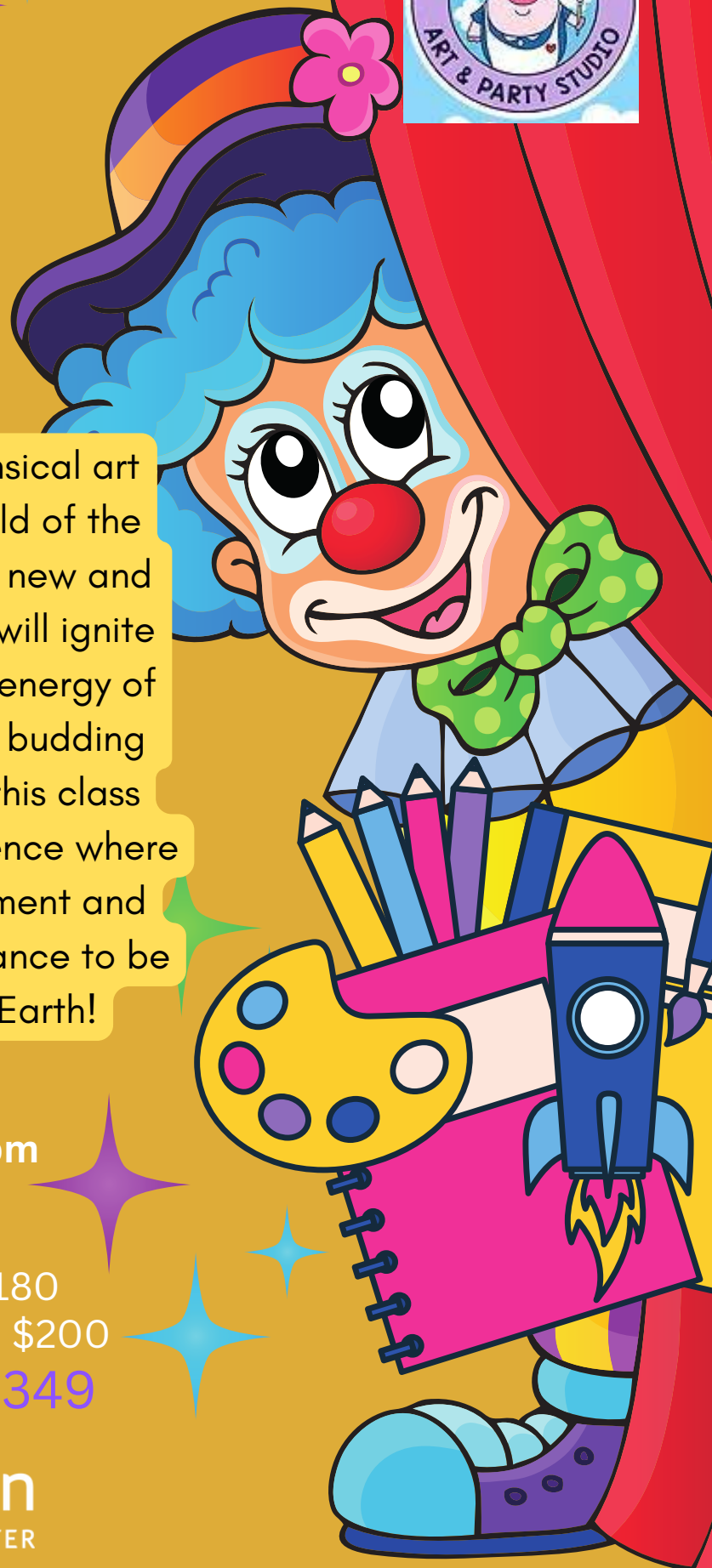
Resident Non-Member: \$180

Non-Resident/Non-Member: \$200

Register: 203.270.4349



Newtown
COMMUNITY CENTER





KIDS NIGHT OUT

Take the night off while your kids enjoy a full evening of fun! Dinner is not provided, we will have snacks available for purchase.

Gobble Gobble Fun - November 22 | 6:30 – 9:00 pm

Kids have their own fun-filled night with a Turkey Hunt, games and most importantly swimming.

Gingerbread Hunt - December 13 | 6:30 – 9:00 pm

Kids have their own fun making gingerbread craft, decorating a cookie, and swimming.

AGES

5 - 11

**MEMBER: \$25 PER
CHILD/\$10
ADDITIONAL SIBLING**

**NON-MEMBER: \$30
PER CHILD/\$15
ADDITIONAL SIBLING**



Newtown
COMMUNITY CENTER

203.270.4349
NewtownCommunityCenter.org

Tuesdays | 10:45-11:30 | Ages 1-4

PIGLET'S PLAYGROUP



Nov. 5
thru
Dec. 10

Program Cost

Member: \$125

Resident Non-Member: \$130

Non-Resident/Non-Member: \$135

Children and caregivers nurture their creative relationships together during a hour and a half art based course. Through meaningful, sensory rich experiences including dry and messy sensory play, we will play and learn together, picking up powerful skills like problem solving and making friends. We hope you'll join us and share moments of joy magic together this fall. Caregivers will leave with an understanding of the benefits of sensory play and tips on how to encourage this journey together at home.

REGISTER

203.270.4349

NEWTOWNCOMMUNITYCENTER.ORG



Newtown
COMMUNITY CENTER

8 Simpson St. Newtown



Newtown
COMMUNITY CENTER



WE ARE HIRING

Lifeguards Swim Instructor

JOB POSITION : LIFEGUARDS

We are hiring for Lifeguard Shifts

JOB POSITION : SWIM INSTRUCTOR

We are hiring for the following Swim Instructor Shifts

- **Mon, Tue, Sat, Sun**

APPLY NOW

<https://newtowncommunitycenter.org/job-openings/>

**FOR MORE INFORMATION
CONTACT NANCY AT
203.270.4328**

NEWTOWNCOMMUNITYCENTER.ORG





Newtown
COMMUNITY CENTER



ELF DANCE
PARTY

SUN

15
DEC

2:00-3:30 PM

Have fun decorating cookies, write a letter to Santa, make a treat for his reindeers and enjoy the hot chocolate buffet! We'll even have a special visit from The Elf! The Elf will get you into the holiday spirit with a fun and festive dance party!

MEMBER: \$8 PER CHILD | NON-MEMBER: \$11 PER CHILD
REGISTER: 203.270.4329
NEWTOWNCOMMUNITYCENTER.ORG





GIANT GINGERBREAD HOUSE WORKSHOP

Get the kids into THE HOLIDAY SPIRIT by having them decorate their own pre-assembled gingerbread house! Enjoy hot chocolate and festive holiday music while you and your family enjoy decorating your own gingerbread house! Pre Assembled house and all candy decorations will be provided. Bring a box to take home your creation. Price includes one Gingerbread house, each additional house is \$10. Sign up is required, space is limited.

SUN. 1 DECEMBER

2:00 - 3:30 PM

**ALL AGES (STUDENTS UNDER 16 MUST
BE ACCOMPANIED WITH AN ADULT)**

EVENT COST

**MEMBER: \$15 FOR THE 1ST CHILD & \$10 FOR EACH
ADDITIONAL CHILD**

**NON-MEMBER: \$20 FOR THE 1ST CHILD & \$10 FOR
EACH ADDITIONAL CHILD**

***IF YOU ONLY WANT ONE GINGERBREAD HOUSE FOR
THE FAMILY ONLY REGISTER ONE CHILD.**

REGISTER:

203.270.4349

NewtownCommunityCenter.org





Newtown
COMMUNITY CENTER

Available
for
children
K-6

KIDS CLUB

days off

We got you covered! The Newtown Community Center offers childcare on early dismissals, days off from school and school vacations!

Transportation available from all Newtown Public Schools and St. Rose of Lima School. The Kids Club days off schedule coincides with the Newtown School District calendar.

Half Days

December 20

Half Days Off - Dismissal- 6pm
\$30/ members
\$35/ non-members

Full Days

November 5th
November 27th
November 29th

Full Days Off - 9:00am-4:00pm
\$60/ members
\$65/ non-members

Before and After Care
Available for Full Days only:
7:30 - 9:00am - \$5
4:00 - 6:00pm - \$5



REGISTER NOW



8 SIMPSON ST. | 203-270-4349

KIDS CLUB

After School Program 2024-2025 School Year



Newtown
COMMUNITY CENTER



Our focus is to provide a safe and fun environment for children in grades K-6. Children can join us for one day or for five days!

Kids Club provides transportation for kids in the Newtown School District & St. Rose of Lima right to the Community Center!

We provide various activities that engage children in:

- Homework Assistance
- Arts and Crafts
- Indoor & Outdoor Play
- Swimming
- Kids Club follows Newtown Public Schools Calendar



Monday - Friday
School Dismissal - 6:00pm



\$20
Per Day



To Register:

[Click Here](#)

***Early Dismissals, Days off from school and Vacations are a separate registration fee**

Registration
begins
**JUNE
2nd**

**Grades
K-6**



- Transportation Available
- Sibling Discounts Available



Contact Us:
203.270.4349
www.newtowncommunitycenter.org
8 Simpson Street, Newtown, CT

Health & Wellness Schedule

Don't forget to Pre-register for all Health & Wellness Programs!

Registration Open Now!

Monday

Programs	Time	Instructor
NEW! Vinyasa Yoga	9:30 - 10:30am	Dyllin
TaiChi/Qi Gong	6:00 - 7:00pm	Audra

Tuesday

Programs	Time	Instructor
Morning Yoga	6:30 - 7:30am	Eileen
Interval Workout	8:45 - 9:30am	Nada
Barre Above®	6:00 - 7:00pm	Matt

Wednesday

Programs	Time	Instructor
Yoga	9:30 - 10:30am	Kathryn
Mat Pilates	10:45 - 11:45am	Nada
Dance Fusion	6:30 - 7:30pm	Matt

Thursday

Programs	Time	Instructor
Core & More	8:45 - 9:30am	Nada
Yoga Flow	5:00 - 6:00pm	Sharon

Friday

Programs	Time	Instructor
Yogalates	8:30 - 9:30am	Sharon
Deep Stretch	10:00 - 10:45am	Jenn
Happy Hour Yoga	5:30 - 6:30 pm	Trish

Saturday

Programs	Time	Instructor
Total Body Blast	9:30 - 10:15am	Jessi
NEW! Zumba	8:30 - 9:15 am	Stephanie

Sunday

Programs	Time	Instructor
Gentle Yoga	9:30 - 10:30am	Trish

We highly suggest making reservations 48 hours in advance.

Please register on Motionvibe



Health & Wellness Descriptions

Don't forget to Pre-register for all Health & Wellness Programs!

Barre Above®: This is a totally unique approach to barre workouts as you've seen them. Fusing the best of pilates, yoga, aerobics, and elements of the strengthening exercises dancers do, Barre Above® delivers a results-driven workout that is not only fun and dynamic, but it will sculpt your body and get you into amazing shape!

Core & More: This class focuses on strengthening the abdominals, glutes, lower back, hips, and shoulders either as the primary or supportive muscles. Sneakers or appropriate footwear must be worn

Dance Fusion: This exciting dance cardio-based fitness program with Matthew Ames will have you burning calories while having fun, moving, and learning easy to follow dance moves. No dance experience necessary.

Deep Stretch: Set to soothing music, low-impact stretching and breathing exercises designed to de-stress you physically and mentally while increasing flexibility. Dress comfortably.

Gentle Yoga/Happy Hour Yoga: Yoga class taught by Trish Cannizzaro includes carefully orchestrated movements, well-measured stretches, and range of motion exercises. Postures may be approached in gradual steps, with plenty of time to focus on breathing and repetition.

Interval Workout: This class is specifically to increase endurance and performance for the aerobic and anaerobic systems. Each exercise is crafted to help you burn fat and build muscle using your own body weight and bands. It is simply alternating short bursts of high intensity followed by a low intensity exercise. All levels are welcomed, modifications and progression will be provided. Sneakers or appropriate footwear must be worn

Morning Yoga: Wake up and get moving with Eileen Byrnes! This impactful class uses efficient movement along with breath work to start your day with a strong mindset and positive outlook.

Mat Pilates: Stretch and strengthen your body from your core...from your hips to your shoulders. Taught by Nada Daccache, this class is performed equipment-free, utilizing your own body as resistance, with a floor mat for cushion and support.

Qi Gong / Tai Chi: Taught by Audra Mace, this class is about slow and gentle meditative movements that require breathing and focus to strengthen and stabilize muscles and help improve balance. No experience necessary – beginner to intermediate levels.

Total Body Blast: is a high-energy, full body work out that is intended to tone, and strengthen a combination of muscle groups throughout your body. Cardio and Strength-training collide in this fun exercise class! taught by Jessi Ruotolo

Vinyasa Yoga: This class provides a combination of healthy alignment and the freedom to play within familiar and new yoga poses. From beginners to seasoned practitioners, this class hopes to broaden the range of capabilities of each person through the instruction of alignment and breath. Taught by Dyllin.

Yoga Flow: This mixed level class, taught by Sharon Poarch, strings yoga postures together in a flowing, vinyasa style sequence of breath and movement. Class is infused with balance work and optional challenges, with modifications provided for all levels. (Bring your own mat and props –blocks or straps if you have them).

Yoga: is a power yoga class designed to improve mobility, create lean muscles and renew energy while conditioning your total body. Taught by Kathryn Ulrich

Yogalates: Harness the physical and mental benefits of both practices with Sharon Poarch. This class is a fusion of practices "East meets West," because it merges the ancient Indian practice of yoga with the Western practice of Pilates.

Zumba: Take this high-energy latin dance based cardio class with Stephanie Vivas. Dance moves are choreographed to emphasize moving to the music - no rhythm or dance experience required! You'll get a great cardio workout that also strengthens your core, and

Book Your Room Today!

Room Rentals are available for all your party or event needs! Call 203.270.4349 to learn more today.

Fall Swim Lessons

Register TODAY!



Newtown
COMMUNITY CENTER
Centered Around You

Monday

Time	Classes
NEW! 11:00-11:30am	Parent & Tot 1
NEW! 11:30am-12:00pm	Parent & Tot 2
4:30-5:00pm	Pre-School Level 1
5:00-5:30pm	School Age Level 2
5:30-6:00pm	Pre-School Level 1
6:00-6:30pm	School Age Level 3
6:30-7:00pm	School Age 1

Tuesday

Time	Classes
4:30-5:00pm	Pre-School Level 2
5:00-5:30pm	Pre-School Level 1
5:30-6:00pm	School Age Level 3
6:00-6:30pm	School Age Level 5
6:30-7:00pm	School Age Level 6

Wednesday

Time	Classes
4:30-5:00pm	Pre-School Level 1
5:00-5:30pm	Pre-School Level 2
5:30-6:00pm	Pre-School Level 3
6:00-6:30pm	School Age Level 2
6:30-7:00pm	Pre-School Level 1

Thursday

Time	Classes
4:30-5:00pm	Pre-School Level 1
5:00-5:30pm	Pre-School Level 2
5:30-6:00pm	School Age Level 4
6:00-6:30pm	School Age Level 2
6:30-7:00pm	School Age Level 5

Saturday

Time	Classes
9:00-9:30am	Parent & Tot 1 Pre-School Level 3
9:30-10:00am	Parents & Tot 2 Pre-School Level 1
10:00-10:30am	Parent & Tot 1 School Age Level 4
10:30-11:00am	Pre school Level 2 Pre-School Level 1
11:00-11:30am	School Age Level 1 Pre-School Level 1
11:30-12:00pm	School Age Level 2 School Age Level 5
12:00-12:30pm	School Age Level 1 School Age Level 3

Sunday

Time	Classes
9:30-10:00am	School Age Level 2
10:00-10:30am	Pre-School Level 1
10:30-11:00am	Pre-School Level 3
11:00-11:30am	Pre-School Level 2
11:30-12:00pm	School Age Level 4

Monday - Sunday | 6 Week Sessions
Make up dates: TBD



\$120 for members
\$231 non-member/residents,
\$257 non-members/non-resident



Register at 203.270.4349
www.newtowncommunitycenter.org

Please Note:

- A participant canceling prior to the first day of the session (not the first day of the class) will receive a full credit for the program
- A participant canceling after the session begins, whether or not they attended, will receive a prorated refund as a credit
- No refund after the third class whether or not participants attended.
- Canceling due to medical reasons will be prorated. Written verification from a physician is required upon refund/credit request.
- All refund/credit requests may take up to 1 week to process. System credits can be viewed on your Community Pass account.

Children that are not potty trained are required to wear swim diaper, reusable swim diaper and swimsuit. (The 3 layer system) while in the pools, and splash pad.

Parent and Tot 1 (6 Months to 16 months)

Parent and Tot 1 is a group class for our little swimmers and requires an adult in the water with them. They will learn the basics of back floating, water acclimation, breath control, safety skills and learn how their body moves in the water.

Parent and Tot 2 (17 months to 36 months)

Our older baby swimmers will work on back floating, submersions, breath control, safety skills and gain more independence by gaining confidence in their ability to swim both to and from a parent. An adult is required to be in the water for this group swim class.

Level 1

Preschool: Familiarize children approximately 3 and 5 years old to the aquatic environment and help them acquire rudimentary basic aquatic skills. Help participants begin to develop positive attitudes and safe practices in and around water.

School Age: Orient participants to the aquatic environment and help them gain basic aquatic skills. Help participants begin to develop positive attitudes and safe practices around water. *Children that are not potty trained are required to wear swim diaper, reusable swim diaper and swimsuit. (The 3 layer system) while in the pools, and splash pad.*

Level 2

Prerequisites Preschool: Enter independently, using the side, travel at least 5 yards, submerge to mouth and blow bubbles for at least 3 seconds then safely exit the water. While in shallow water, glide on front at least 2 body lengths, then roll to back and float on back for 3 seconds, then recover to a vertical position.

Prerequisites School: Enter independently, using the side, travel at least 5 yards, bob 5 times, then safely exit the water. Glide on front at least 2 body lengths, roll to a back float for 5 seconds, then recover to a vertical position. *Children that are not potty trained are required to wear swim diaper, reusable swim diaper and swimsuit. (The 3 layer system) while in the pools, and splash pad.*

Level 3

Prerequisites Preschool: Glide on front for at least 2 body lengths, roll to back, float on back for 15 seconds, then recover to a vertical position. Glide on back for at least 2 body lengths, roll to front, then recover to a vertical position. Swim using combined arm and leg actions on front for at least 3 body lengths, roll to back, float for 15 seconds, roll to front, then continue swimming on front for at least 3 body lengths.

Prerequisites School Age: Step from the side into chest-deep water, push off the bottom, move into a treading or floating position for at least 15 seconds, swim on front and/or back for 5 body lengths, then exit the water. Move into a back float for 15 seconds, roll to front, then recover to a vertical position. Push off and swim using combined arm and leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to the front, then continue swimming for at least 5 body lengths.

Level 4

Prerequisites School age: Jump into deep water from the side, recover to the surface, maintain position by treading or floating for 1 minute, rotate one full turn, then turn as necessary to orient to the exit point, level off, swim front crawl and/or elementary backstroke for 25 yards, then exit the water. Push off in a streamlined position, then swim front crawl for 15 yards, change position and direction as necessary, swim elementary backstroke for 15 yards, then exit the water.

Level 5

Prerequisites School age: Perform a feet first entry into deep water, swim front crawl for 25 yards, change direction and position as necessary and swim elementary backstroke for 25 yards. Swim breaststroke for 15 yards, change direction and position as necessary and swim back crawl for 15 yards. Submerge and swim a distance of 3 to 5 body lengths underwater without hyperventilating, return to the surface, then exit the water.

Level 6

Prerequisites School age: Perform a shallow-angle dive into deep water at least 9 feet deep, swim front crawl for 50 yards, then swim elementary backstroke for 50 yards using appropriate and efficient turning styles throughout. Swim breaststroke for 25 yards, change direction of travel as necessary and then swim back crawl for 25 yards using appropriate and efficient turning styles throughout

Adult Learning the Basics

The purpose of this course is to help participants gain basic aquatic skills and swimming strokes. Teach skills and concepts needed to stay safe in and around water and to help themselves or others in an aquatic emergency.

Private & Semi-Private Lessons (Ages 3+)

Whether you are just starting out or are an experienced swimmer, our instructors will design an individual program and critique your skills to help motivate and achieve your swimming goals!

***Please call about pricing.**

**Interested
in Private
Lessons?**

Give us a call to schedule!
203.270.4328



Monday	Tuesday	Wednesday	Thursday	Friday
TP Aquacize I 8:00-8:45am	TP Aquacize I 8:00-9:00am	TP Aquacize I 8:00-8:45am	TP Aquacize I 8:00-9:00am	LP Hydro Spin \$ 7:00-7:45am
TP Aquacize I 9:00-9:45am	TP Aquacize I 9:00-10:00am	TP Aquacize I 9:00-9:45am	TP Aquacize I 9:00-10:00am	TP Tone & Sculpt \$ 9:00-9:45am
LP Aquacize II 10:00-10:45m	LP Aquacize II 10:00-11:00am	LP Aquacize II 10:00-10:45am	LP Aquacize II 10:00-11:00am	LP Turn & Burn \$ 10:00-10:45am
	LP Aquacize II 6:00-6:45pm		LP Aquacize II 6:00-6:45pm	
	Aquacize II 7:00-7:45pm		Aquacize II 7:00-7:45pm	

\$ Fee Based Class

TP Therapy Pool

LP Lap Pool

Water Aerobics Descriptions

Aquacize

Aquacize is a beginner to intermediate level water fitness class and is low impact to moderate pace. This water exercise class includes warm-up, aerobic training, and cool down, along with strength, toning and flexibility in shallow water. This class is perfect for the beginner athlete who likes the low-impact nature of water fitness programs.

Aquacize II

Aquacize II is a medium to advanced level water fitness class that works at a higher pace. This program offers mid-to-high cardio aerobic workouts in shallow water. It consists of stretching, running, ab and muscle toning. We do not advise this class for starters or those with physical ailments. If you're looking for a shallow water workout in a group setting, try one of these fun classes!

Pre-registration is required. Spots are first come, first served!

Aqua Tone & Sculpt **\$**

Tone and sculpt your body with no impact to your joints. This popular water aerobics workout is a swimming blend of cardio and resistance training, and may incorporate resistance tools such as buoyant water weights and noodles.

Hydro Spin **\$**

Underwater spinning, also known as aqua cycling, is a water-based exercise using a hydro-spin bike. This is a 45 minute class held in our lap pool. Space is limited to four participants. Appropriate water footwear is required.

Pre-registration is required. Spots are first come, first served!

Fee \$15

Turn & Burn **\$**

This is a Shallow and deep water exercise. Intended to help you burn fat, tone muscle, and improve cardiovascular function. This is a full-body cardio and abdominal workout. Various equipment is used for these classes including aquatic barbells. All exercises are designed to improve your strength and stamina in the water – so be ready to get a good workout! These classes will improve your lung strength, core and leg muscles, and endurance in water fitness format.

Pre-registration is required. Spots are first come, first served!

Wave Yoga - Seasonal

Join us in the pool to practice yoga sequences on the board to build stability, flexibility and strength while in the water. This class uses a pace slower than on land, since you'll also be balancing on the paddleboard.

Unlike land-based yoga classes, you won't need a mat—it's built into the paddleboard. Previous yoga experience isn't needed for this class, however, if you already do yoga, WAVE Yoga can help take your practice to the next level in an exciting way.

The Community Center will provide all the materials for this class. You don't need to be a proficient swimmer to enjoy this class, but you will need to get into the water to get to your paddleboard for class. Pool depths vary by location. (Swim suits or water wicking workout gear required).

Pre-registration is required. Spots are first come, first served! If you cannot commit to the full session, drop in rates are available for \$15.00

Schedules are subject to change based on instructor availability and NCC Holidays

Monday/ Wednesday	Tuesday/ Thursday	Friday	Saturday	Sunday
Open Swim Spray Bay On 6:00-8:00am	Open Swim Spray Bay On 6:00-8:00am	Open Swim Spray Bay On 6:00-9:00am	Open Swim Spray Bay On 7:00-9:00am	Open Swim Spray Bay Off 7:00-9:00am
Open Swim Spray Bay Off 8:00-10:00am	Open Swim Spray Bay Off 8:00-10:00am	Open Swim Spray Bay Off 9:00-10:00am	Open Swim Spray Bay On 9:00am-1:00pm	Open Swim Spray Bay Off 9:00am-1:45pm
Open Swim Spray Bay Off 10:00-11:00am	Open Swim Spray Bay Off 10:00-11:00am	Open Swim Spray Bay Off 10:00-11:00am	Open Swim Spray Bay On 1:00-5:15pm	Open Swim Spray Bay On 1:00-4:45pm
Open Swim Spray Bay On 12:00-4:30pm	Open Swim Spray Bay On 12:00-4:30pm	Open Swim Spray Bay On 11:00am-7:45pm		
Open Swim Spray Bay Off 4:30-7:00pm	Open Swim Spray Bay Off 4:30-7:00pm			
Open Swim Spray Bay On 7:00-8:45pm	Open Swim Spray Bay On 7:00-8:45pm			

- All Lanes are shared (2 people each)
- Reservations are Required for Lap lanes
- Spray Bay features unavailable during water aerobics classes and therapy pool swim lessons

Lap Pool - Open/ Lap Swim Schedule

Fall Session

Monday/ Wednesday	Tuesday/ Thursday	Friday	Saturday	Sunday
Lap Swim (6 lanes) 6:00-10:00am	Lap Swim (6 lanes) 6:00-7:00am	Lap Swim (6 lanes) 6:00-7:00am	Lap Swim (6 lanes) 7:00-9:00am	Lap Swim (6 lanes) 7:00-9:00am
Lap Swim (4 lanes) 10:00-11:00am	Lap Swim (4 lanes) 7:00-8:00am	Lap Swim (4 lanes) 7:00-9:00am	Lap Swim (5 lanes) 9:00-1:00pm	Lap Swim (5 lanes) 9:00-1:00pm
Lap Swim (6 lanes) 12:00-4:00pm	Lap Swim (6 lanes) 8:00am-10:00am	Lap Swim (6 lanes) 11:00-7:45pm	Lap Swim (6 lanes) 1:00-5:15pm	Lap Swim (6 lanes) 1:00-4:45pm
Lap Swim (5 lanes) 4:00-7:00pm	Lap Swim (6 lanes) 11:00am-4:00pm			
Lap Swim (6 lanes) 7:00-8:45pm	Lap Swim (5 lanes) 4:00-6:00pm			
	Lap Swim (3 lanes) 6:00-8:00pm			
	Lap Swim (6 lanes) 8:00-8:45pm			

- All Lanes are shared (2 people each)
- Reservations are Required for Lap lanes through Motion Vibe

Schedules are subject to change based on instructor availability and NCC Holidays